

Nebraska Same Day and Open Access						
In case of Emergency , or if you feel there is an immediate danger to yourself or others, you may want to contact the 988 Helpline. Learn more about the 988 Help line here.						
<u>Region 1</u> 4110 Avenue D, Scottsbluff, NE 69361 Phone: 308-635-3173		Counties in Region 1: Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill Scottsbluff, Sheridan, Sioux				
Community Action Health Center		975 Cresent Drive, Gering NE 69341			Phone:	308-633-5766
Medication Management-Mental Health	Adult & Youth	T-F	Same Day Scheduling	3:00pm-4:00pm	Walk-in Access	No
Outpatient Psychotherapy-Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Medication Assisted Treatment-Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Intake Assessment--Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Intensive Outpatient (IOP) Treatment--Substance Use	Adult	M-W	Same Day Scheduling	5:30pm-8:30pm	Walk-in Access	No
Human Services Inc.		419 W 25th St. Alliance NE 69301			Phone:	308-762-7177
Short Term Residential-Substance Use (Women Only)	Adult	M-F	Same Day Scheduling	No	Walk-in Access	8:00am-5:00pm
Intensive Outpatient (IOP) Treatment--Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-5:00pm
Outpatient Psychotherapy- Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-5:00pm
Community Support - Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-5:00pm
Karuna Counseling		731 Illinois St, Sidney NE 69162			Phone:	308-249-7853
Outpatient Psychotherapy-Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Sandhills Center for Hope		2670 County Road 57, Alliance NE 69301			Phone:	308-313-5118
Intake Assessment--Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	9:00am-6:00pm	Walk-in Access	No
Outpatient Psychotherapy-Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	9:00am-6:00pm	Walk-in Access	No
	Adult	M	Same Day	9:00am-12:00pm	Walk-in	No

Intensive Outpatient (IOP) Treatment--Substance Use	Adult	W-Th	Same Day Scheduling	9:00am-12:00pm	Walk-in Access	No
Western Community Health Resources	300 Shelton St., Chadron NE 69337				Phone:	308-432-8979
Intake Assessment--Mental Health and Substance Use	Adult & Youth	M-F	Same Day Scheduling	1:00pm-5:00pm	Walk-in Access	1:00pm-5:00pm
Crisis Response- Mental Health& Substance Use	Adult & Youth	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Community Support--Mental Health	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Emergency Community Support--Mental Health & Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Emergency Psychiatric Observation Mental health	Adult & Youth	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Outpatient Psychotherapy-Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Recovery Support--Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Youth Transitional Services--Mental Health & Substance Use	Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
<u>Region II</u>	Counties in Region II: Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, Perkins, Red Willow, Thomas					
110 N. Bailey, North Platte, NE 69103 Phone 308-534-0440						
Region 2 Human Services	110 N Bailey Ave, North Platte NE 69101				Phone:	308-534-0440
Intake Assessment-- Substance Use	Adult	M	Same Day Scheduling	2pm	Walk-in Access	2pm
		W		10am		10am
		Th		10am-1pm		10am-1pm
Client Assistance Program--Mental Health & Substance Use	Adult	M-Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
CenterPointe	2202 S 11th St, Lincoln NE 68502				Phone:	402-475-6695
Medication Management--Mental Health	Adult	M-Su	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Lutheran Family Services	120 East 12th St, North Platte, NE 69101				Phone:	308-532-0587
Intake Assessment - Mental Health & Substance Use	Adult	M-T-Th	Same Day Scheduling	9:00am-3:00pm	Walk-in Access	9:00am-3:00pm
		W	Same Day Scheduling	9:00am-11:00am	Walk-in Access	9:00am-11:00am

Medication Management--Mental Health	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Outpatient Psychotherapy-Mental Health & Substance Use	Adult	M-Th	Same Day Scheduling	9:00am-3:00pm	Walk-in Access	9:00am-3:00pm
<u>Region 3</u>		Counties in Region 3: Adams, Blaine, Buffalo, Clay, Custer, Franklin, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster, Wheeler				
4009 6th Ave #65, Kearney, NE 68848 Phone: 308-237-5113						
Mid-Plains Center	4111 4th Ave #38, Kearney NE 68845				Phone:	308-627-6302
Youth Crisis Assessment-Mental Health	Youth	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Crisis Stabilization-Mental Health & Substance Use	Adult & Youth	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
South Central Behavioral Services-Kearney	3810 Central Ave, Kearney NE 68848				Phone:	308-532-0587
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M, Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-5:00pm
South Central Behavioral Services-Hastings	616 W 5th St, Hastings NE 68902				Phone:	402-463-8684
Intake Assessment - Mental Health & Substance Use	Adult & Youth	Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-5:00pm
The Lanning Center	835 S Burlington Ave, Suite 108, Hastings, NE 6890				Phone:	402-463-7711
Outpatient Psychotherapy--Mental Health	Adult	T,Th	Same Day Scheduling	12:00pm-6:00pm	Walk-in Access	12:00pm-6:00pm
<u>Region 4</u>		Counties in Region 4: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Wayne.				
206 Monroe Ave, Norfolk, NE 68701 Phone: 402-370-3100						
Behavioral Health Specialists	1900 Vicki Ln, Norfolk NE 68701				Phone:	402-336-2800
Outpatient Psychotherapy--Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	8:00am-7:00pm	Walk-in	No
		F		8:00am-12:00pm	Access	No
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	8:00am-7:00pm	Walk-in	No
		F		8:00am-12:00pm	Access	No
Intensive Outpatient (IOP) Treatment--Substance Use	Adult	M-W	Same Day Scheduling	4:00pm-7:00pm	Walk-in Access	No
Outpatient Psychotherapy Group Treatment--Substance Use	Adult	W	Same Day Scheduling	6:00pm-7:00pm	Walk-in Access	No
East Central District Health Dept (Good Neighbor)	4321 41st Ave, Columbus NE 68601				Phone:	402-562-7500

Medication Management--Mental Health	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Outpatient Psychotherapy--Mental Health & Substance Use	Adult	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Heartland Counseling Services, Inc-O'Neill	221 W Douglas St, O'Neill Ne 68763				Phone:	402-336-2800
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-4:00pm	Walk-in Access	8:00am-4:00pm
Outpatient Psychotherapy--Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-8:00pm	Walk-in Access	8:00am-8:00pm
Crisis Response--Mental Health	Adult	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Heartland Counseling Services, Inc. South Sioux City	1201 Arbor Dr., South Sioux City, NE 68776				Phone:	402-494-3337
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-4:00pm	Walk-in Access	8:00am-4:00pm
Outpatient Psychotherapy--Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-8:00pm	Walk-in Access	8:00am-8:00pm
Crisis Response--Mental Health	Adult	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Liberty Centre	900 E Norfolk Ave, Norfolk NE 68701				Phone:	402-370-3503
Outpatient Psychotherapy--Mental Health & Substance Use	Adult	M-F	Same Day Scheduling	9:00am-5:00pm	Walk-in Access	No
Oasis Counseling International	333 W Norfolk Ave #201, Norfolk NE 68701				Phone:	402-379-2030
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-Th	Same Day Scheduling	8:00am-8:00pm	Walk-in Access	No
Crisis Outpatient Psychotherapy - Mental Health	Adult & Youth	M-Th	Same Day Scheduling	8:00am-8:00pm	Walk-in Access	No
Women's Empowering Lifeline (The WELL)	910 W Park Ave, Norfolk, NE 68701				Phone:	402-379-3622
Intake Assessment - Mental Health & Substance Use	Adult & Youth	F	Same Day Scheduling	No	Walk-in Access	8:00am-1:00pm
Emergency Community Support	Adult & Youth	M-Th	Same Day Scheduling	8:00am-7:00pm	Walk-in	No
		F		8:00am-7:00pm	Access	8:00am-1:00pm
Crisis Response Counseling	Adult & Youth	M-Th	Same Day Scheduling	8:00am-5:00pm	Walk-in	No
		F		8:00am-5:00pm	Access	8:00am-1:00pm
<u>Region V</u>		Counties in Region V: Butler, Fillmore, Gage, Jefferson, Johnson,				
1645 N Street, Lincoln, NE 68508 Phone: 402-441-4343		Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York				

Lutheran Family Services	1811 W 2nd St, Grand Island, NE 68803				Phone:	308-382-4255
Intake Assessment - Substance Use	Adult	M,T,W,Th	Same Day Scheduling	9:00am-11:00am	Walk-in Access	9:00am-11:00am
Intake Assessment - Substance Use	Adult	Th	Same Day Scheduling	1:00pm-3:00pm	Walk-in Access	1:00pm-3:00pm
Intake Assessment - Mental Health	Adult	M,W	Same Day Scheduling	8:00am-10:00am	Walk-in	8:00am-10:00am
				1:00pm-3:00pm	Access	1:00pm-3:00pm
Outpatient Pschotherapy - Mental Health	Adult	M,T,W,Th	Same Day Scheduling	9:00am-3:00pm	Walk-in Access	9:00am-3:00pm
Associates in Counseling and Treatment	600 N Cotner Blvd, #119, Lincoln, NE 68505				Phone:	402-261-6667
Intake Assessment--Substance Use	Adult	M-Th	Same Day Scheduling	9:30am-5:30pm	Walk-in Access	9:30am-5:30pm
Assessment--Substance Use	Adult	Sun	Same Day Scheduling	11:am-4:00pm	Walk-in Access	11:am-4:00pm
CenterPointe	2202 S 11th St, Lincoln NE 68502				Phone:	402-475-6695
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-4:00pm
Outpatient Psychotherapy--Mental Health & Substance Use	Adult	T,Th	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	8:00am-4:00pm
Region 6	Counties in Region 6: Cass, Dodge, Douglas, Sarpy, Washington					
471 South 132nd St., Omaha, NE 68137 Phone: 402-444-6573						
Alcoholics Resocialization Condition Help	604 S 37th St., Omaha NE 68105				Phone:	402-346-8898
Halfway House--Substance Use	Adult	M-F	Same Day Scheduling	9:00am-5:00pm	Walk-in Access	No
Bay Area Addiction Research and Treatment	1941 S 42nd St. #210, Omaha, NE 68105				Phone:	402-341-6220
Opioid Treatment Service--Substance Use	Adult	M-Th	Same Day Scheduling	6:00am-2:00pm	Walk-in Access	6:00am-2:00pm
Capstone Behavioral Health	1941 S 42nd St. #328, Omaha, NE 68105				Phone:	402-644-8444
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
Outpatient Psychotherapy--Mental Health	Adult & Youth	M-F	Same Day Scheduling	8:00am-5:00pm	Walk-in Access	No
CHI Health Clinic Psychiatric Associates-Immanuel	7101 Newport Ave, Bldg 3, Omaha, NE 68152				Phone:	402-572-2916

Intake Assessment--Substance Use	Adult & Youth	T-Th	Same Day Scheduling	No	Walk-in Access	8:00am-12:00pm
CHI Health Clinic Psychiatric Associates-Likeside	16909 Lakeside Hills Ct #400, Omaha, NE 68130				Phone:	402-758-5850
Intake Assessment--Substance Use	Adult & Youth	M	Same Day Scheduling	No	Walk-in Access	12:00pm-4:00pm
Douglas County Community Mental Health Center	4102 Woolworth Ave, Omaha NE 68105				Phone:	402-444-7000
Adult Inpatient Psychiatric Hospital--Mental Health	Adult	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Case Management-Mental Health	Adult	M-F	Same Day Scheduling	8:00am-4:30pm	Walk-in Access	8:00am-4:30pm
Detoxification Services--Substance Use	Adult	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
Medication Management--Mental Health	Adult	M-F	Same Day Scheduling	8:30am-4:30pm	Walk-in Access	8:30am-4:30pm
Nursing Services-Mental Health	Adult	M-F	Same Day Scheduling	Contact Provider	Walk-in Access	8:30am-4:30pm
Triage-Mental Health	Adult	M-Su	Same Day Scheduling	8:30am-11:00am	Walk-in Access	8:30am-11:00am
				1:00pm-3:00pm		1:00pm-3:00pm
Heartland Family Services--42nd Street	2101 S 42nd St, Omaha, NE 68105				Phone:	402-552-7400
Intake Assessment - Mental Health & Substance Use	Adult & Youth	M	Same Day Scheduling	No	Walk-in Access	8:30am-2:30pm
		T-Thu		8:30-5:00pm		No
Medication Management - Mental Health	Adult & Youth	T, Thu	Same Day Scheduling	8:00am-5:30pm	Walk-in Access	No
Outpatient Psychotherapy--Mental Health & Substance Use	Adult & Youth	M-F	Same Day Scheduling	8:30am-6:00pm	Walk-in Access	No
Lutheran Family Services	7929 W. Center Road, Omaha, NE 68124				Phone:	402-342-7007
Intake Assessment - Mental Health & Substance Use	Adult	M-Th	Same Day Scheduling	No	Walk-in Access	9:00am-3:00pm
Lutheran Family Services--Kountze Commons	2661 Douglas St, Omaha, NE 68131				Phone:	402-455-9760
Intake Assessment - Mental Health & Substance Use	Adult	M-Th	Same Day Scheduling	No	Walk-in Access	9:00am-3:00pm
Nebraska Medicine	Multiple Locations in Omaha				Phone:	1-800-922-0000
Emergency Pyschiatric Observation--Mental Health	Adult	M-Su	Same Day Scheduling	24 Hours	Walk-in Access	24 Hours
CenterPointe Campus For Hope	1490 N 16th St. Omaha, NE				Phone:	402-827-0570
Outpatient Treatment--Substance Use	Adult	M-F	Same Day Scheduling	8:00am-2:00pm	Walk-in Access	8:00am-2:00pm

Salvation Army Mental Health	3321 Fontenelle Blvd, Omaha, NE				Phone:	402-505-8243
Emergency Community Support--Mental Health	Adult	M-F	Same Day Scheduling	No	Walk-in Access	8:00am-5:00pm